



THERAPY MENU



*Your Body is your best Asset and has
helped you achieve everything you
have and dream to achieve*



Your BODY Needs

care!



All our Essential Oils are made of natural extracts and possess powerful medicinal properties that work hand in hand with Biboting equipment to deliver nutrients to the human body



Regular Treatment Oils



Premium Treatment Oils

This oils works faster in achieving desired result, but using this oil is optional, as the cost is born by the clients. This will attract 10% reduction from the usual rate.

Each Box cost N85,000.
(price is subject to change due to regular exchange rate fluctuation)

BASIC TREATMENT (30 minutes per session)

SESSIONS	CHARGES	TREATMENT
1 day	N9,500	BREAST 1. Tender Breasts 2. Nipple Discharge 3. Painful Breast
3 days	N20,000	
6 Days	N55,000	
12 Days	N80,000	
24 Days	N150,000	4. Breast Lump Removal
48 Days	N220,000	
72 Days	N340,000	
24 Days	N150,000	5. Breast Reduction 6. Breast Enlargement 7. Breast Firming
48 Days	N280,000	
72 Days	N420,000	
1 day	N9,500	PAINS 1. Shoulder 2. Neck 3. Back, Waist 4. Shoulder Periarthritis
3 days	N20,000	
6 days	N39,000	

BASIC TREATMENT (30 minutes per session)

SESSIONS	CHARGES	TREATMENT
12 Days	N72,000	5. Knee 6. Body Detoxification 7. Headache 8. Dizziness 9. Deep Massage 10. Improve Blood Circulation
24 Days	N110,000	
48 Days	N220,000	
24 Days	N130,000	11. Cervical Spondylosis
1 day	N9,500	STOMACH 1. Stomach & Ovary Maintenance 2. Constipation 3. Cold Uterus 4. Ageing and Endocrine Glandular
3 days	N20,000	
6 days	N39,000	
2 weeks	N72,000	
24 Days	N110,000	
72 Days	N280,000	
10 days	N150,000	1. Prostate 2. Sexual Dysfunction
15 days	N200,000	
6 days	N40,500	HIPS 1. Gynecological Diseases 2. Pelvic Inflammation

BASIC TREATMENT (30 minutes per session)

SESSIONS	CHARGES	TREATMENT
24 Days	N160,000	3. Hip-lifting
24 Days	N200,000	1. Infertility 2. Fibroid 3. Hormonal Imbalance 4. Irregular Menses
72 Days	N400,000	
12 Days	N85,000	1. Arm Slimming 2. Tummy Slimming 3. Dredge Meridian
24 Days	N140,000	
72 Days	N390,000	
24 Days	N200,000	1. Thigh Slimming
3 days	N15,000	FACIAL TREATMENT 1. Acne 2. Wrinkles 3. Face Fat
10 days	N47,000	
12 days	N55,200	
24 Days	N90,000	
12 Days	N60,000	
HOME SERVICE		
1 Days	N30,000 00	Full Body
5 - 10 Days	N25,000 00	Full Body

DEEP TREATMENT (45 minutes - 1Hr per session)
Faster Result

SESSIONS	CHARGES	TREATMENT
1 day	N14,250	BREAST 1. Tender Breasts 2. Nipple Discharge 3. Painful Breast
3 days	N25,500	
6 Days	N80,000	
12 Days	N120,00	
24 Days	N180,000	4. Breast Lump Removal
48 Days	N290,000	
72 Days	N380,000	
24 Days	N180,000	5. Breast Reduction 6. Breast Enlargement 7. Breast Firming
48 Days	N290,000	
72 Days	N380,000	
1 day	N9,500	PAINS 1. Shoulder 2. Neck 3. Back, Waist 4. Shoulder Periarthritis
3 days	N18,000	
6 days	N34,500	

DEEP TREATMENT (45 minutes - 1Hr per session)
Faster Result

SESSIONS	CHARGES	TREATMENT
12 Days	N80,000	5. Knee 6. Body Detoxification 7. Headache 8. Dizziness 9. Deep Massage 10. Improve Blood Circulation
24 Days	N140,000	
48 Days	N250,000	
24 Days	N160,000	11. Cervical Spondylosis
1 day	N14,500	STOMACH 1. Stomach & Ovary Maintenance 2. Constipation 3. Cold Uterus 4. Ageing and Endocrine Glandular
3 days	N25,000	
6 days	N80,000	
12 Days	N120,000	
24 Days	N200,000	
72 Days	N301,500	
10 days	N225,000	1. Prostate 2. Sexual Dysfunction
15 days	N300,000	
6 days	N60,500	HIPS 1. Gynecological Diseases 2. Pelvic Inflammation

DEEP TREATMENT (45 minutes - 1Hr per session)
Faster Result

SESSIONS	CHARGES	TREATMENT
24 Days	N250,000	3. Hip-lifting
24 Days	N300,000	1. Infertility 2. Fibroid 3. Hormonal Imbalance 4. Irregular Menses
72 Days	N600,000	
12 Days	N102,000	1. Arm Slimming 2. Tummy Slimming 3. Dredge Meridian
24 Days	N210,000	
72 Days	N585,000	
3 days	N22,500	FACIAL TREATMENT 1. Acne 2. Wrinkles 3. Face Fat
6 days	N47,500	
12 days	N79,200	
24 Days	N139,500	
12 Days	N250,000	FULL BODY THERAPY (FRONT AND BACK)
1 day	N28,500	FULL BODY THERAPY (OCCUPANTS AND BACK)
3 days	N55,000	
6 Days	N100,000	
12 Days	N155,000	
24 Days	N300,000	



SPA MENU



*Spend the day, experiencing our
VIP services. Whether a half day or a full day,
treat yourself or someone special to their very
own mini escape!!!*

*Choose from our various Therapy Vouchers that
can be purchased for a loved one as an excellent
and memorable gift.*

*Our specialized packages have been co-ordinated
for your
convenience and wellness.*

*However, you are welcome to customize your
own package to
suit your individual needs.*

SCRUB	PRICE
Moroccan bath [with mask]	20,000
Moroccan bath [without mask]	15,000
Vitamin C Scrub	10,000
Steaming only	5,000
Scrubbing only	5,000
Steaming and scrubbing with product	10,000
Skin glowing wrap	15,000
Full body firming	15,000
Glowing wrap and firming [treatment]	25,000
PEDICURE AND MANICURE	PRICE
Hot stone Manicure	4000
Hot stone Pedicure and Manicure	6,000
Pedicure	3,000
Manicure	3,000
Pedicure and Manicure	5,000
FACIAL	PRICE
Acne treatment	8,000
Facial treatment Plus Biboting Machine	10,000
Facial Transformation (Biboting)	5,000
Basic Facial	5,000
Enzyme Facial	8,000
Anti-Aging Facial	10,000
Facial lifting	7,000
Facial waxing	5,000

MASSAGE		
	45min	1hour
Swedish massage	10,000	12,000
Deep tissue massage	10,000	12,000
Aroma therapy massage	10,000	12,000
Hot stone massage	10,000	12,000
Abdominal massage	10,000	12,000
MASSAGE		(30min)
Aromatherapy massage (Back Only)		6,000
Hot stone massage (Back Only)		6,000
Abdominal massage		6000
Hot stone massage (Back Only)		6,000
Aroma therapy massage (Front Only)		6,000
MASSAGE	HOME SERVICE	(1 Hour)
Swedish massage		20,000
Deep tissue massage		20,000
Aroma therapy massage		20,000
Hot stone massage		20,000
Abdominal massage		20,000
WAXING		
Bikini Waxing		10,000
Armpit Waxing		10,000
Whole Body Waxing		35,000
Leg Waxing		10,000

MONTHLY PACKAGE [N30,000] BENEFITS	
Massage	x3
Pedicure	x1
Hot Stone Pedicure	x2
WITH A GIFT	
ONE MONTH PACKAGE [N30,000] BENEFITS	
Facials	x2
Pedicure and manicure	x1
Hot stone pedicure and manicure	x2
Massage	x3
WITH A GIFT	
COMBO PACKAGE [50,000] BENEFITS	
Massage	x2
Moroccan bath	x1
Pedicure and manicure	x1
Facial treatment with anti-aging treatment	x1
Hot stone pedicure and manicure	x2
WITH A GIFT	
THREE MONTHS PACKAGE [100,000] BENEFITS	
Massage (hot stone and deep tissue]	X9
Pedicure	X3
Hot stone pedicure	X3
WITH A GIFT	

THREE MONTHS PACKAGE [150,000] BENEFITS	
Facial treatment	X6
Pedicure and manicure	X3
Massage	X3
Hot stone pedicure	X3
Moroccan bath	X3
WITH A GIFT	
THREE MONTHS PACKAGE [220,000] BENEFITS	
Baseline massage	X6
Massage	X9
Regular body scrub	X3
Pedicure and manicure	X3
Hot stone pedicure and manicure X	X3
Body firming and glow treatment	3X
Anti-aging facials	X3
WITH A GIFT	
SIX MONTHS PACKAGE [300,000] BENEFITS	
Facial treatment	X6
Pedicure and manicure	X3
Massage	X12
Hot stone pedicure	X3
Moroccan bath	X6
Body scrub and steaming	X3
WITH A GIFT	

SIX MONTHS PACKAGE [416,000] BENEFITS	
Massage	X11
Pedicure and manicure	X4
Baseline massage	X3
Regular body scrub	X3
Hot stone pedicure and manicure	X3
Body firming and glow	X3
Moroccan bath	X6
Anti-ageing facial	X3
Facial with Biboting	X3
Full body steaming	X6
WITH A GIFT	
ANNUAL PACKAGE [250,000] BENEFITS	
Massage	X12
Facials	X12
Pedicure and Manicure	X6
WITH A GIFT	
ANNUAL PACKAGE [350,000] BENEFITS	
Facial treatment	X12
Full body and steaming	X3
Massage	X12
Full body firming	X6
Pedicure and manicure	X3
Hot stone pedicure	X3
WITH A GIFT	

ANNUAL PACKAGE [600,000] BENEFITS	
Baseline massage	X15
Aromatherapy	X6
Deep tissue massage	X6
Swedish massage	X6
Hot stone massage	X9
Full body polish	X6
Full body wrap	X6
Skin glow treatment	X6
Pores tightening	X6
Full body and skin firming	X6
Moroccan bath	X6
Enzyme facials	X6
Anti-aging facial	X6
Face lift	X6
Pedicure and manicure	X3
Hot stone pedicure	X3
WITH A GIFT	
ADULT SPA BIRTHDAY PARTY FOR 10 PEOLPE [320,000] BENEFITS	
Facial	
Pedicure	
Massage	
Moroccan Haman bath	
Full body firm	
WITH A GIFT	

**ADULT SPA BIRTHDAY PARTY FOR 15 PEOPLE [410,000]
BENEFITS**

Facial	
Pedicure	
Manicure	
Massage	
Moroccan haman bath Full body firm	
Full body firm	
WITH A GIFT	

**KIDDLES BIRTHDAY PARTY FOR 5 PEOPLE [80,000]
BENEFITS**

Manicure	
Pedicure	
Steaming bath or Balinese massage	
Massage and full body firm	
Hot stone Massage	
WITH A GIFT	

**KIDDLES BIRTHDAY PARTY FOR 10 PEOPLE [160,000]
BENEFITS**

Pedicure	
Massage	
Steaming bath or Balinese massage	
Massage and full body firm	
Hot stone massage	

Additional Details:

Payment Method

You are required to make 75% down payment for any chosen treatment/therapy, this is so because these treatments have been reasonably discounted. Please note that the one-off sessions are not covered, as 100% payment is required. This payments are made through POS or instant confirmable electronic transfers.

Treatments DO Roll-Over

Your monthly treatment benefits are available at the first of each month, and are valid for the stipulated number of days. However, if you are unable to exhaust your sessions at the of the stipulated period due to busy schedules, you are allowed to roll over your benefits for one month after it's expiration period.

Treatment Benefits CAN Be Shared

Members are welcome to transfer their membership treatment or therapy sessions to loved ones (but note that consultation fee is not included, as this is limited to the named member only).

Benefits Do Not Include Gratuity

Membership dues cover the cost of monthly treatments only. Your optional tips are still MUCH appreciated by our skilled practitioners.

Membership Terms Are Subject to Change

Body and Shapes reserves the right to amend the terms of our membership agreement at any time. We also reserve the right to cancel any membership for any reason and will provide written notice if such changes are made within 30-days.

Membership Feedback is Welcome

Body and Shapes welcomes the feedback of our prospective and new members in order to create the ultimate guest service experience. Please let us know if you have additional questions, concerns or suggestions.

We are *FOR* you!

